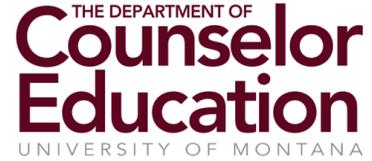




Please send completed form and payment to: Department of Counseling, Attn: Veronica Johnson, University of Montana, 32 Campus Dr., Missoula, MT 59812, or pay online at childrensmuseummissoula.org



Counseling Veterans and Their Families Workshop Series Registration Form

Last Name _____ First Name _____ MI _____

Mailing address _____ City _____ State _____ Zip _____

Primary Phone No. (____) _____ - _____ Primary email Address _____

FOR UNIVERSITY OF MONTANA STUDENTS SEEKING GRADUATE CREDIT

Term/CRN: 201960/60041

If you're a University of Montana Student and wish to attend the full workshop for 3 graduate level credits (COUN 595), complete the information below and include a check for **\$850** (made payable to Families First Children's Museum Missoula).

UM student ID # 790 _____ Birth Date (Month/Day/Year) _____

To receive graduate credit, please complete the following regarding your last degree earned:

Degree granted _____ Year _____ Institution _____

I hereby certify that, to the best of my knowledge, the foregoing information is true and complete without evasion or misrepresentation.

Your signature _____ Date _____

FOR NON-UNIVERSITY OF MONTANA STUDENTS

Please indicate the sessions you wish to attend by checking the appropriate box(s) below. Please note: the deadline for regular pricing is **October 4, 2019**. All registrations processed after that date are subject to an additional \$10 processing fee **per session**, and \$50 for entire series. The Dept. of Counseling is an approved provider of continuing education units (CEU's) by the NBCC. Attendees will earn 39 CE clock hours for the entire series, or 13 CE clock hours per session.

- All three sessions. (dates and descriptions, next page) Fee: \$850**
- Session One (dates and descriptions, next page) Fee: \$300**
- Session Two (dates and descriptions, next page) Fee: \$300**
- Session Three (dates and descriptions, next page) Fee: \$300**

Total enclosed fee:

Please calculate the total associated fee for all sessions you wish to attend and include a check for that amount made payable to Families First Children's Museum Missoula.

I hereby certify that, to the best of my knowledge, the foregoing information is true and complete without evasion or misrepresentation.

Your signature _____ Date _____

Workshop Dates and Session Descriptions

Phyllis J. Washington College of Education, Room **TBD**

Session I: Friday, October 25 – Saturday, October 26, 2019, 9:00 – 5:00

The Challenges of Military Experience for Children and Families, presented by Jo Hittner, PhD

This workshop will look at how military experience affects families, particularly children. Included will be topics on how children respond to having a parent(s) in the military, the effect on their cognitive processing and brain development, particularly when living under stressful and/or fearful conditions. Ways of dealing with these situations as a counselor, teacher or other adult in the lives of these children and their families will be discussed.

Presenter Bio:

Jo Hittner, Ph.D. has worked extensively with children throughout her career both as an educator and as a therapist. She received her Ph.D. from the University of North Dakota in Grand Forks, N.D., following a career in elementary education. She worked as a counselor for over 30 years with a specialty in children in both school and mental health counseling. Recently she retired from full-time teaching as a professor at Winona State University in Winona, MN. She is currently teaching as an adjunct professor in the Leadership Education Department at WSU. Her interest in brain development came out of her work with infants, seeing how effectively treatment changed the lives of very young children when addressed early.

Session II: Friday, November 8 – Saturday, November 9, 2019, 9:00 - 5:00

Soldiers' Heart: Counseling Combat Veterans at End of Life, presented by Cyndi Briggs, PhD

Counselors may feel unequipped to address the personal, spiritual and trauma needs of veterans at end-of-life, but must develop fluidity, adaptability and courage for these important final conversations. Research on this topic has largely been conducted in the medical community, but counselors play a significant role in supporting veterans in making peaceful transitions from life to death. This presentation draws on interviews with over 100 veterans to identify insight and knowledge about their end-of-life needs.

Participants will learn about the historical context of war and its impact on veterans' mental health; protective and liability factors; warrior archetypes in society; the benefits of ceremony at end-of-life; and specific steps counselors can take to support veterans as they transition from life to death. Throughout the workshop, oral history interviews and storytelling will be utilized to demonstrate the lingering concerns, moral injuries, and triumphs of veterans at end-of-life.

Presenter Bio:

Dr. Cyndi Briggs is a professor of counseling and oral historian who has interviewed over 100 World War II, Korean War, Vietnam War, and modern-era veterans about their military and combat experiences. She is the principle coordinator of the Veterans' Oral History collection at the New Winston Museum in Winston-Salem, NC. She has conducted research and workshops about veterans' mental health and addiction issues in academic settings and at professional conferences in the US and abroad. Cyndi earned her BS in Psychology from Guilford College, MAEd in Community Counseling from Wake Forest University, PhD in Counseling from Oregon State University, and she completed the Certificate in Documentary Arts at Duke University. She is a core faculty member in the Clinical Mental Health Counseling program at Walden University.

Session III: Friday, November 22 – Saturday, November 23, 2019, 9:00 - 5:00

Military Life Transitions: Understanding and Supporting Military Personnel through Deployment and Separation/Retirement, presented by Alissa Engel, MS, LCPC, LMFT

Military personnel and their families live in a unique culture, and have experiences that can be difficult for civilian helping professionals to understand. Military culture has its own customs, language, rules and regulations, and social norms. Studies show that a lack of cultural competence among helping professionals may result in servicemembers and veterans dropping out of care, being misdiagnosed, or seeking care only when their stressors and symptoms reach an advanced stage or when they are mandated to seek care. Two of the most significant transitions in a military career are deployment and separation/retirement.

Day 1 will focus on the challenges military members and their families experience before, during, and after deployment. Participants will learn how to effectively support and promote resilience among military members as they navigate the deployment cycle. Day 2 will focus on the transition from military to civilian employment and lifestyle. This workshop will utilize case studies, videos, and audio clips to examine the deployment cycle and recent retirement and separation experiences of military personnel. Participants will gain skills to better support and assist military personnel through this important life transition. The unique experiences of women military members and veterans will be highlighted both days.

Presenter Bio:

Alissa Engel, MS, LCPC, LMFT has over a decade of experience working as a professional counselor in community mental health and private practice. She is also a 20-year member of the Montana Air National Guard where she currently serves as a C-130 Navigator. As a doctoral student in Counselor Education and Supervision at the University of Montana, her dissertation research focuses on “The Experiences of Female Fighter Pilots in the United States Military.” Her areas of specialization include: military culture and counseling, mindfulness practices, couples counseling, and resiliency. She recently returned from her third combat deployment.