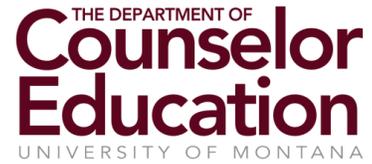




Please send completed form and payment to: Children's Museum Missoula, 225 West Front Street, Missoula, MT 59802



Collaborative Approaches Workshop Series Registration Form

Last Name First Name MI Mailing address City State Zip Primary Phone No. Primary email Address

FOR UNIVERSITY OF MONTANA STUDENTS SEEKING GRADUATE CREDIT

CRN: 201822/22082

If you're a University of Montana Student and wish to attend the full workshop for 2 graduate level credits (COUN 595), complete the information below and include a check for \$500 (made payable to the Children's Museum Missoula).

UM student ID # 790 Birth Date (Month/Day/Year)

To receive graduate credit, please complete the following regarding your last degree earned:

Degree granted Year Institution

I hereby certify that, to the best of my knowledge, the foregoing information is true and complete without evasion or misrepresentation.

Your signature Date

FOR NON-UNIVERSITY OF MONTANA STUDENTS

Please indicate the sessions you wish to attend by checking the appropriate box(s) below. Please note: the deadline for regular pricing is FEBRUARY 16th. All registrations processed after that date are subject to an additional \$10 processing fee per session, and \$50 for entire series. The Dept. of Counselor Education is an approved provider of continuing education units (CEU's) by the NBCC. Attendees will earn 26 CE clock hours for the entire series, or 13 CE clock hours per session.

- All three sessions. (dates and descriptions, next page) Fee: \$500
Session One (dates and descriptions, next page) Fee: \$300
Session Two (dates and descriptions, next page) Fee: \$300

Total enclosed fee: [ ]

Please calculate the total associated fee for all sessions you wish to attend and include a check for that amount made payable to the Children's Museum Missoula.

I hereby certify that, to the best of my knowledge, the foregoing information is true and complete without evasion or misrepresentation.

Your signature Date

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## Workshop Dates and Session Descriptions

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### **Session I: Friday, March 2 – Saturday, March 3, 2018, 8:30-4:30**

#### **How to Talk so Parents will Listen: Working with Challenging Youth and Parents . . . and Loving It**

Counseling difficult youth and challenging parents can be immensely frustrating or splendidly gratifying. The truth of this statement is so obvious that the supportive reference, at least according to many teenagers is, “Duh!” Using storytelling, video clips, live demonstrations, group discussion, and skill-building break-out sessions, John will present essential evidence-based principles and over 20 specific techniques for influencing “tough” clients or students. Techniques for working with youth will include, but are not limited to: (a) the affect bridge, (b) what’s good about you?, (c) empowered storytelling, (d) generating behavioral alternatives, (e) the three-step emotional change technique, and many more. Sara will join John for the parenting portion of the workshop. They will describe essential principles for working effectively with parents, how to conduct brief parenting consultations using a positive, solution-focused model, and strategies for providing parents with specific suggestions and advice to parents. Issues related to ethics and culture will be highlighted and discussed throughout this two-day workshop.

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### **Session II: Friday, April 6 – Saturday, April 7, 2018, 8:30-4:30**

#### **Variations on the Clinical Interview: Collaborative Approaches to Mental Status Examinations, Suicide Assessment, and Suicide Interventions**

The clinical interview is the headwaters from which all mental health assessment and interventions flow. In this workshop, following an overview of clinical interviewing principles and practice, skills training for conducting the mental status examination (MSE) and suicide assessment interviews will be provided. Participants will learn MSE terminology, common symptom clusters and presentations, and strategies through which the MSE can be more collaborative and user-friendly. Additionally, participants will learn a flexible model for conducting suicide assessments. This model features eight core suicide dimensions and techniques for directly and collaboratively questioning clients about suicide ideations, previous attempts, hopelessness, and more. Five suicide interventions will be featured: alternatives to suicide; separating suicide intent from the self; interpersonal re-connection; neodissociation; and safety-planning.

**John Sommers-Flanagan, Ph.D.** is a Professor of Counselor Education at the University of Montana and a clinical psychologist. He is author or coauthor of over 60 professional publications and eight books. His books, co-written with his wife Rita, include Tough Kids, Cool Counseling (2<sup>nd</sup> ed., 2007), How to Listen so Parents will Talk and Talk so Parents will Listen (2011) and Clinical Interviewing (6<sup>th</sup> ed., 2017). Dr. Sommers-Flanagan has been publishing articles, book chapters, and videos on working with challenging youth since 1995. He is cohost of the national “Practically Perfect Parenting Podcast.”

**Sara Polanchek, Ed.D., LCSW** is the Clinical Director in the Counselor Education department at the University of Montana. She has been working with parents for nearly 18 years in a variety of capacities, including: family counselor, foster care educator, in-home therapist, parenting program director, parenting consultant, clinical consultant for parenting programs, community educator, clinical supervisor, and counselor educator. Sara is the co-host of the “Practically Perfect Parenting Podcast” and is the (not quite practically perfect) parent of two teenagers.